

Aging Organizations and General Interest

AARP www.aarp.org
Administration on Aging www.aoa.gov
AGS Foundation for Health in Aging www.healthinaging.org
American Geriatrics Society www.americangeriatrics.org
American Society on Aging www.asaging.org
Benefits Check Up www.benefitscheckup.org
Boomerater www.boomerater.com
Eldercare Locator www.eldercare.gov
FirstGov for Seniors www.seniors.gov
Global Action on Aging www.globalaging.org
National Association of Area Agencies on Aging www.n4a.org
National Council on the Aging www.ncoa.org
National Hispanic Council on Aging www.nhcoa.org
National Institute on Aging www.nia.nih.gov
SeniorDiscounts.com www.seniordiscounts.com
SeniorJournal.com www.seniorjournal.com
The Seniors Coalition www.senior.org
Seniors Grand Central www.seniorsgrandcentral.com
Suddenly Senior www.suddenlysenior.com
ThirdAge www.thirdage.com
WiredSeniors www.wiredseniors.com



Assistive Devices and Senior Gadgets

AbilityHub www.abilityhub.com
Able www.abledata.com
Active Forever www.activeforever.com
Alzheimer's Store www.alzstore.com
Assisted Living Store www.assistedlivingstore.com
Assistivetech.net www.assistivetech.net
Dynamic Living www.dynamic-living.com
Golden Violin www.goldviolin.com
HITEC Assistive Communication Products www.hitec.com
Independent Living Aids www.independentliving.com
Magnifying Aids www.magnifyingaids.com
Maxi-Aids.com www.maxiaids.com
Mobility-Advisor www.mobility-advisor.com
Ocelco www.ocelco.com
RehabTool.com www.rehabtool.com
Senior Shops www.seniorshops.com
Simple Comforts www.simplecomforts.com
SpinLife.Com www.spinlife.com
Technology for Long Term Care www.techforltc.org
Telecommunications Equip. Distribution Program (hearing loss telephone equip.) www.tedpa.org
Used Medical Equipment www.usedHME.com

Caregiving and Support Services

AARP Caregiving www.aarp.org/family/caregiving
AgingCare.com www.agingcare.com
Ask Medicare www.medicare.gov/caregivers
AttentiveCare www.caregivertech.com
Cancer Care www.cancercare.org
Care.com <http://www.care.com/senior-care-p1006.html>
CareCall www.parentcarecall.com
Care Community www.mycarecommunity.org
CareGiverHelper www.caregiverhelper.com
CareGuide www.eldercare.com
Caring.com www.caring.com
Catholic Charities USA www.catholiccharitiesusa.org
Children of Aging Parents www.caps4caregivers.org
Daily Money Managers www.aadmm.com
Eldercare Locator www.eldercare.gov
Family Caregiver Alliance www.caregiver.org
Family Caregivers Online www.familycaregiversonline.com
Family Caregiving 101 www.familycaregiving101.org
Gilbert Guide www.gilbertguide.com
Lotsa Helping Hands www.lotsahelpinghands.com
MySeniorCare www.myseniorcare.com
National Adult Day Services Association www.nadsa.org
National Alliance for Caregiving www.caregiving.org
National Association of Home Care & Hospice www.nahc.org
National Association of Professional Geriatric Care Managers www.caremanager.org
National Association of Area Agencies on Aging www.n4a.org
National Family Caregivers Association www.nfcacares.org
QuietCare www.quietcare.com Respite Locator www.respitelocator.org
Strength for Caring www.strengthforcaring.com
Well Spouse Foundation www.wellspouse.org

Computer and Internet

AARP Computers and Technology www.aarp.org/learntech/computers
Computers Made Easy for Seniors www.csuchico.edu/~csu/seniors/computing2.html
Generations Online www.generationsonline.com
Learn The Net www.learnthenet.com
Microsoft Accessibility www.microsoft.com/enable
SeniorNet www.seniornet.org

Employment

AARP Careers www.aarp.org/money/careers
BizStarters www.bizstarters.com
Career One-Stop Centers www.careeronestop.org
Experience Works www.experienceworks.org
Monster: Career Changers www.careersat50.monster.com
My Next Phase www.mynextphase.com
National Career Development Association www.ncda.org
National Older Worker Career Center www.nowcc.org
NotYetRetired www.notyetretired.com
Retired Brains www.retiredbrains.com
Retiree Careers www.retireecareers.com
RetirementJobs.com www.retirementjobs.com
Senior Community Service Employment Program www.doleta.gov/seniors
Seniors4Hire www.seniors4hire.org
Senior Job Bank www.seniorjobbank.org
The Next Chapter www.civicventures.org/nextchapter
The Boomers Next Step www.boomersnextstep.com
Too Young to Retire: www.2young2retire.com
U.S. Department of Labor www.dol.gov
U.S. Small Business Administration. www.sba.gov
YourEncore www.yourencore.com

Grandparenting and Intergenerational Family

Grandparent Foundation www.grandparenting.org
Grandboomers www.grandboomers.com
Grandparenting Today www.uwex.edu/ces/flp/grandparent
Grandparents Magazine www.grandparentsmagazine.net
Grandparents Resource Center grc4usa.org
Grandparents' Guide for Family Nurturing and Safety www.cpsc.gov/cpsc/pub/pubs/grand/704.html
Grandparents' Web www.cyberparent.com/gran
Generations Together www.gt.pitt.edu
Generations United www.gu.org
Legacy Project www.legacyproject.org
MyGrandChild.com www.mygrandchild.com
Temple University Center for Intergenerational Learning www.temple.edu/CIL

Government Resources and Assistance

Administration on Aging www.aoa.gov
Agency for Healthcare Research and Quality www.ahrq.gov
AgingStats.Gov www.agingstats.gov
Alliance for Retired Americans www.retiredamericans.org
BenefitsCheckUp – find government programs and services www.benefitscheckup.org

Consumer Product Safety Commission www.cpsc.gov/cpsc/pub/pubs/older.html
DisabilityInfo.gov www.disabilityinfo.gov
Eldercare Locator www.eldercare.gov
Federal Citizen Information Center www.info.gov
Food and Drug Administration www.fda.gov
National Academy on an Aging Society www.agingociety.org
National Active and Retired Federal Employees Association www.narfe.org
National Association of State Units on Aging www.nasua.org
National Council on Aging www.ncoa.org
National Institute on Aging www.nih.gov/nia
National Institute of Alcohol Abuse and Alcoholism www.niaaa.nih.gov
Medicare www.medicare.gov
Railroad Retirement Board www.rrb.gov
Social Security www.socialsecurity.gov
State Medicaid Offices cms.hhs.gov/medicaid/allstatecontacts.asp
Veterans Administration www.va.gov

Health Resources

Agency for Healthcare Research and Quality www.ahrq.gov
American Academy of Dermatology www.aad.org
American Academy of Orthopaedic Surgeons www.aaos.org
American Cancer Society www.cancer.org
American Diabetes Association www.diabetes.org
American Health Assistance Foundation www.ahaf.org
American Heart Association www.americanheart.org
American Heart, Lung, Blood Institute www.nhlbi.nih.gov
American Hospital Association www.aha.org
American Lung Association www.lungusa.org
American Menopause Foundation www.americanmenopause.org
American Medical Association www.ama-assn.org
American Nurses Association www.nursingworld.org
American Occupational Therapy Association www.aota.org
American Osteopathic Association www.osteopathic.org
American Parkinson Disease Association www.apdaparkinson.org
American Physical Therapy Association www.apta.org
American Physical Therapy Association, Section on Geriatrics www.geriatricspt.org
American Podiatric Medical Association www.apma.org
American Stroke Association www.strokeassociation.org
Arthritis Foundation www.arthritis.org
American Vascular Association www.vascularweb.org
Center for Disease Control and Prevention www.cdc.gov
Clinical Trials www.clinicaltrials.gov
Diabetes Mall www.diabetesnet.com
DisabilityInfo.gov www.disabilityinfo.gov
Epilepsy Foundation www.efa.org
Flu Shot Locator www.findaflushot.com

Harvard Medical School Family Health Guide: Health of Seniors
www.health.harvard.edu/fhg/fhgupdate/V/V1.shtml

Health and Age Centers www.healthandage.com

Health Assistance Partnership www.healthassistancepartnership.org

Health Grades www.healthgrades.com

Hill-Burton Free Health Care www.hrsa.gov/hillburton

Huntington's Disease Society of America www.hdsa.org

Infoaging.org www.infoaging.org

International Tremor Foundation www.essentialtremor.org

Intercultural Cancer Council: Elderly and Cancer www.iccnetwork.org/cancerfacts/cfs10.htm

Johns Hopkins Health After 50 www.hopkinsafter50.com

Legs for Life www.legsforlife.org

Leukemia and Lymphoma Society www.leukemia-lymphoma.org

Life Line Screening www.lifelinescreening.com

Lupus Foundation of America www.lupus.org

Mayo Clinic Senior Health Center www.mayoclinic.com

Medical Billing Advocates www.billadvocates.com

MEDLINEplus Health Information www.nlm.nih.gov/medlineplus

My Family Health Portrait www.hhs.gov/familyhistory

National Association for Continence www.nafc.org

National Arthritis and Musculoskeletal and Skin Disease Information Clearinghouse
www.niams.nih.gov/hi

National Cancer Institute www.cancer.gov

National Diabetes Education Program www.ndep.nih.gov

National Digestive Diseases Information Clearinghouse digestive.niddk.nih.gov

National Health Information Center healthfinder.gov

National Heartburn Alliance www.heartburnalliance.org

National Heart, Lung, and Blood Institute www.nhlbi.nih.gov

National Institutes of Health www.nih.gov

National Institute of Allergy and Infectious Diseases www3.niaid.nih.gov

National Institute of Neurological Disorders and Stroke www.ninds.nih.gov

National Institute on Alcohol Abuse and Alcoholism www.niaaa.nih.gov

National Institute on Drug Abuse www.nida.nih.gov

National Kidney and Urological Diseases kidney.niddk.nih.gov

National Kidney Foundation www.kidney.org

National Multiple Sclerosis Society www.nmss.org

National Organization for Rare Disorders www.rarediseases.org

National Osteoporosis Foundation www.nof.org

National Pain Foundation www.painconnection.org

National Rehabilitation Information Center www.naric.com

National Stroke Association www.stroke.org

National Women's Health Network www.nwhn.org

National Women's Health Resource Center www.healthywomen.org

NIH Senior Health Health Information for Older Adults nihseniorhealth.gov

Medicare Hospital Compare hospitalcompare.hhs.gov

Office of the Surgeon General www.surgeongeneral.gov

Osteoporosis and Related Bone Diseases - National Resource Center www.osteoporosis.org
Paget Foundation www.paget.org
Patient Advocate Foundation www.patientadvocate.org
Vitals (doctor research site) www.vitals.com
WebMD www.webmd.com

Mental Health, Alzheimer's and Dementia

Alzheimer's Association www.alz.org
Alzheimer's Disease Education and Referral Center www.alzheimers.org
American Association for Geriatric Psychiatry www.aagpgpa.org
American Counseling Association www.counseling.org
American Psychological Association Office on Aging www.apa.org/pi/aging
Institute for Brain Aging and Dementia www.alz.uci.edu
National Institute of Mental Health www.nimh.nih.gov
National Institute of Neurological Disorders and Stroke www.ninds.nih.gov
National Mental Health Association www.nmha.org
National Strategy for Suicide Prevention: Suicide Among the Elderly
www.mentalhealth.org/suicideprevention/elderly.asp

Medication

American Pharmaceutical Association www.aphanet.org
American Society of Consultant Pharmacists www.ascp.com
Benefits Check Up Rx www.benefitscheckuprx.org
Canadian International Pharmacy Association www.ciparx.ca
DrugDigest www.drugdigest.org
Food and Drug Administration www.fda.gov
Medication Reminders www.epill.com
National Center for Complementary and Alternative Medicine www.nccam.nih.gov
National Council on Patient Information and Education www.talkaboutrx.org
NeedyMeds www.needy meds.com
On Time Medication Reminder www.ontimerx.com
Partnership for Prescription Assistance www.pparx.org
PharmacyChecker.com www.pharmacychecker.com
Physicians Desk Reference pdrhealth.com
RxAssist www.rxassist.org
Senior Care Pharmacists www.seniorcarepharmacist.com
Your Pharmacy Benefit www.yourpharmacybenefit.org

Dental

American Dental Association www.ada.org
National Institute of Dental and Craniofacial Research www.nidcr.nih.gov
DentalPlans.com (dental discount plans) dentalplans.com

Hearing

American Academy of Audiology www.audiology.org
American Hearing Research Foundation www.american-hearing.org

American Tinnitus Association www.ata.org
Audent (discounted hearing aids for income qualified) www.audentalliance.org/
Better Hearing Institute www.betterhearing.org
Deafness Research Foundation www.drf.org
National Institute on Deafness and Other Communication Disorders www.nidcd.nih.gov

Vision

All About Vision www.allaboutvision.com
American Academy of Ophthalmology www.aao.org
American Council of the Blind www.acb.org
American Foundation for the Blind www.afb.org
American Macular Degeneration Foundation: www.macular.org
American Optometric Association www.aoa.org
Better Vision Institute www.visionsite.org
Choice Magazine Listening, www.choicemagazinelistening.org
Ears for Eyes www.earsforeyes.org
EyeCare America (free eye care) www.eyecareamerica.org
Glaucoma Foundation www.glaucomafoundation.org
Glaucoma Research Foundation www.glaucoma.org
Lighthouse International www.lighthouse.org
Macular Degeneration Foundation: www.eyesight.org
National Association for Visually Handicapped www.navh.org
National Eye Health Education Program www.nei.nih.gov/nehep
Prevent Blindness America www.preventblindness.org
The National Library Service for the Blind and Physically Handicapped www.loc.gov/nls
VisionAWARE www.visionaware.org

Sleep

American Academy of Sleep Medicine www.aasmnet.org
American Sleep Apnea Association www.sleepapnea.org
National Center on Sleep Disorders Research www.nhlbi.nih.gov/sleep
National Sleep Foundation www.sleepfoundation.org
Restless Legs Syndrome Foundation www.rls.org

Nutrition and Exercise

5 A Day for Better Health www.5aday.gov
American College of Sports Medicine www.acsm.org
American Dietetic Association www.eatright.org
American Volkssport Association www.ava.org
Food and Drug Administration www.fda.gov
Food and Nutrition Information Center www.nal.usda.gov/fnic
Infoaging.org www.infoaging.org
National Association of Area Agencies on Aging www.n4a.org
National Association of Health and Fitness www.physicalfitness.org
National Association of Nutrition and Aging Services Programs www.nanasp.org
National Policy and Resource Center on Nutrition and Aging www.fiu.edu/~nutreldr/

National Senior Games Association www.nsga.com
Meals on Wheels www.mowaa.org
The Walking Site www.thewalkingsite.com
USDA Center for Nutrition Policy and Promotion www.mypyramid.gov

Housing, Long Term Care and Universal Design

AARP Housing and Mobility www.aarp.org/family/housing
American Association of Homes and Services for the Aging www.aahsa.org
Assisted Living Federation of America www.alfa.org
Care Interpreter www.v2.tlchoices.com
Continuing Care Accreditation Commission www.carf.org
Eden Alternative www.edenalt.com
Eldercare Locator www.eldercare.gov
HOMECARE Online www.nahc.org
HUD: Senior Citizens www.hud.gov/groups/seniors.cfm
Medicare Nursing Home Compare www.medicare.gov/Nursing/Overview.asp
MySeniorCare www.myseniorcare.com
National Association of Senior Move Managers www.nasmm.org
National Center for Assisted Living www.ncal.org
National Resource Center on Supportive Housing and Home Modification www.homemods.org
National Reverse Mortgage Lenders Association www.reversemortgage.org
Retirement Living Information Center www.retirementliving.com
Reverse Mortgages AARP www.aarp.org/money/personal/reverse_mortgages
SeniorDecision – www.seniordecision.com
Senior Housing Net www.seniorhousingnet.com/seniors
Seniors Real Estate Specialists www.seniorsrealestate.com
Snap for Seniors www.snapforseniors.com

Leisure, Learning and Personal Growth

Elderhostel www.elderhostel.org
OASIS www.oasisnet.org
Senior Summer School www.seniorsummerschool.com
Cyndi's List of Genealogy Sites on the Internet www.cyndislist.com
U.S. National Archives and Records Administration www.archives.gov/index.html
Age Exchange www.age-exchange.org.uk
Fifties Web www.fiftiesweb.com
Old-Time Radio www.old-time.com
National Assembly of State Arts Agencies www.nasaa-arts.org
National Center for Creative Aging www.creativeaging.org
National Senior Games Association www.nsga.com
Senior Golfers Association of America www.seniorgolfersamerica.com
Center for Aging, Religion and Spirituality www.aging-religion-spirituality.com
Retirement With a Purpose www.retirementwithapurpose.com
Senior Adult Ministry www.senioradultministry.com
American Horticultural Therapy Association www.ahta.org
American Music Therapy Association www.musictherapy.org
Delta Society www.deltasociety.org

Medicare, Medicaid and Social Security

Medicare www.medicare.gov

Centers for Medicare and Medicaid Services www.cms.hhs.gov

Medicare Rights Center www.medicarerights.org

State Health Insurance Assistance Program - free health insurance counseling to people with Medicare www.shiptalk.org

State Medicaid Offices cms.hhs.gov/medicaid/allstatecontacts.asp

Social Security www.socialsecurity.gov

Railroad Retirement Board www.rrb.gov

Older Drivers and Transportation

AAA Foundation for Traffic Safety www.seniordrivers.org

AARP Driver Safety Program www.aarp.org/drive

American Public Transportation Association www.apta.com

American Occupational Therapy Association www.aota.org/olderdriver

Association for Driver Rehabilitation Specialists www.driver-ed.org

Beverly Foundation www.beverlyfoundation.org

Community Transportation Association www.ctaa.org

HowsMyDriving.com <http://howsmysdriving.com/drive4life.nsf>

I DRIVE SAFELY Mature Driver Improvement <http://mature.idrivesafely.com>

Mature Driver Course Online www.maturedrivercourseonline.com

National Highway Traffic Safety Administration Older Driver Safety www.nhtsa.dot.gov/people/injury/olddrive

Older Drivers www.drivers.com/topic/10

The Hartford Financial Services Group and MIT AgeLab – How to Talk with Older Drivers www.thehartford.com/talkwitholderdrivers

U.S. Licensing Renewal Procedures for Older Drivers www.iihs.org/laws/state_laws/older_drivers.html

Useful Information

Agency for Healthcare Research and Quality www.ahrq.gov

AgeLine Database www.aarp.org/research/ageline

AgingStats.Gov www.agingstats.gov

Alliance for Aging Research www.agingresearch.org

American Federation for Aging Research www.afar.org

American Geriatrics Society www.americangeriatrics.org

American Society on Aging www.asaging.org

Association for Gerontology in Higher Education www.aghe.org

Center for Retirement Research at Boston College www.bc.edu/bc_org/avp/csom/executive/crr

Cognitive Neurology and Alzheimer's Disease Center www.brain.northwestern.edu

Gerontological Society of America www.geron.org

Grantmakers in Aging www.giaging.org

Health and Retirement Study www.umich.edu/~hrswww

Institute for Brain Aging and Dementia www.alz.uci.edu

International Longevity Center www.ilcusa.org

Kaiser Family Foundation: State Health Facts Online www.statehealthfacts.kff.org

MetLife Mature Market Institute www.maturemarketinstitute.com
Myers-JDC-Brookdale Institute www.jdc.org.il/brookdale
National Ageing Research Institute www.mednwh.unimelb.edu.au
National Archive of Computerized on Aging www.icpsr.umich.edu/NACDA
National Institute on Aging www.nih.gov/nia
Resources in Social Gerontology www.trinity.edu/~mkearl/geron.html
Science of Aging (SAGE) Crossroads www.sagecrossroads.net
Secrets of Aging www.secretsofaging.org

Travel

AARP: Travel www.aarp.org/travel
Connecting Solo Travel Network www.cstn.org
Elderhostel www.elderhostel.org
Elder Treks www.eldertreks.com
Evergreen Club www.evergreenclub.com
Grandtravel grandtrvl.com
Grand Circle www.50plusexpeditions.com
Overseas Adventure **Error! Hyperlink reference not valid.**
SeniorDiscounts.com www.seniordiscounts.com
Seniors Vacation and Home Exchange www.seniorshomeexchange.com
Smart Travel www.smartertravel.com/senior-travel
Snowbirdhelper.com www.snowbirdhelper.com
Transitions Abroad: Senior Travel www.transitionsabroad.com/listings/travel/senior/
Travel Tips for Older Americans www.travel.state.gov/travel/olderamericans.html
USDA Forest Service Passes and Permits www.fs.fed.us/passespermits/
Interhostel www.learn.unh.edu/interhostel

Volunteering

1-800-VOLUNTEER www.1-800-volunteer.org
Big Brothers Big Sisters of America www.bbbsa.org
Corporation for National and Community Service www.getinvolved.gov
Experience Corps www.experiencecorps.org
Habitat for Humanity www.habitat.org
Little Brothers: Friends of The Elderly www.littlebrothers.org
Network for Good www.networkforgood.org
Peace Corps: Older Applicants www.peacecorps.gov/index.cfm?shell=learn.whovol.older
Senior Corps www.seniorcorps.org
VolunteerMatch www.volunteermatch.org

State and Local Resource

Minnesota

AARP Minnesota Home Page www.aarp.org/states/mn
Advance Directive Forms for Minnesota fairview.org/news/Advance%20Directive.PDF
Central Minnesota Council on Aging www.cmcoa.org
East Central Senior Resources Center www.region7erdc.org/page3.html
Land of the Dancing Sky Area Agency on Aging www.nwrdc.org/aging.htm

Medicaid Information for Minnesota www.cms.hhs.gov/medicaid/state.asp?state=MN
Metropolitan Area Agency on Aging www.tcaging.org
Minnesota Board on Aging www.mnaging.org
Southeastern Minnesota Area Agency on Aging www.semaaarocheaternmn.org

Wisconsin

AARP Wisconsin Home Page www.aarp.org/states/wi
Advance Directive Forms for Wisconsin
www.dhfs.state.wi.us/forms/AdvDirectives/ADFormsPOA.htm
Grandparenting Today www.uwex.edu/ces/flp/grandparent
Medicaid Information for Wisconsin www.cms.hhs.gov/medicaid/state.asp?state=WI
Milwaukee County Department on Aging www.milwaukeecounty.com/index.html
Northern Area Agency on Aging www.northernaaa.org
SeniorCare Prescription Drug Assistance Program dhfs.wisconsin.gov/seniorCare/index.htm
Southeastern Wisconsin Area Agency on Aging, Inc. www.agingresource.com
Wisconsin Department of Health and Family Services: Services for the Elderly
www.dhfs.state.wi.us/Aging

Courage Assistive Technology

3915 Golden Valley Rd.

Golden Valley, MN 55422

763-520-0567

jenim@courage.org